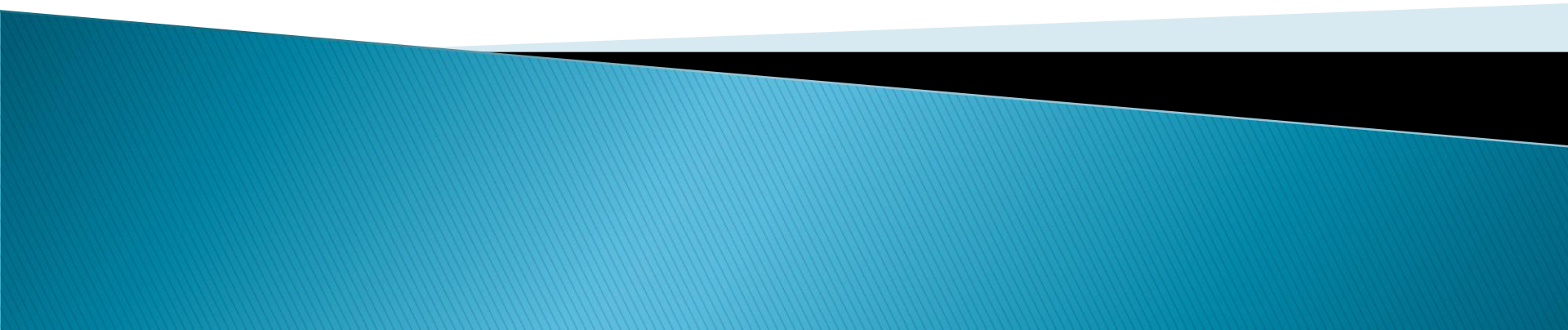


# Wyoming Wraparound

What is it and what does it mean to me?



# What has Wyoming Done Before Systems of Care

## At DFS:

- ▶ Homebuilders
- ▶ Family Preservation
- ▶ Family Group Decision Making
- ▶ Family Partnerships

## Within MHSASD:

Wraparound in the mid 90's

## CMHCs:

Successful Families  
In-House Wrap Around



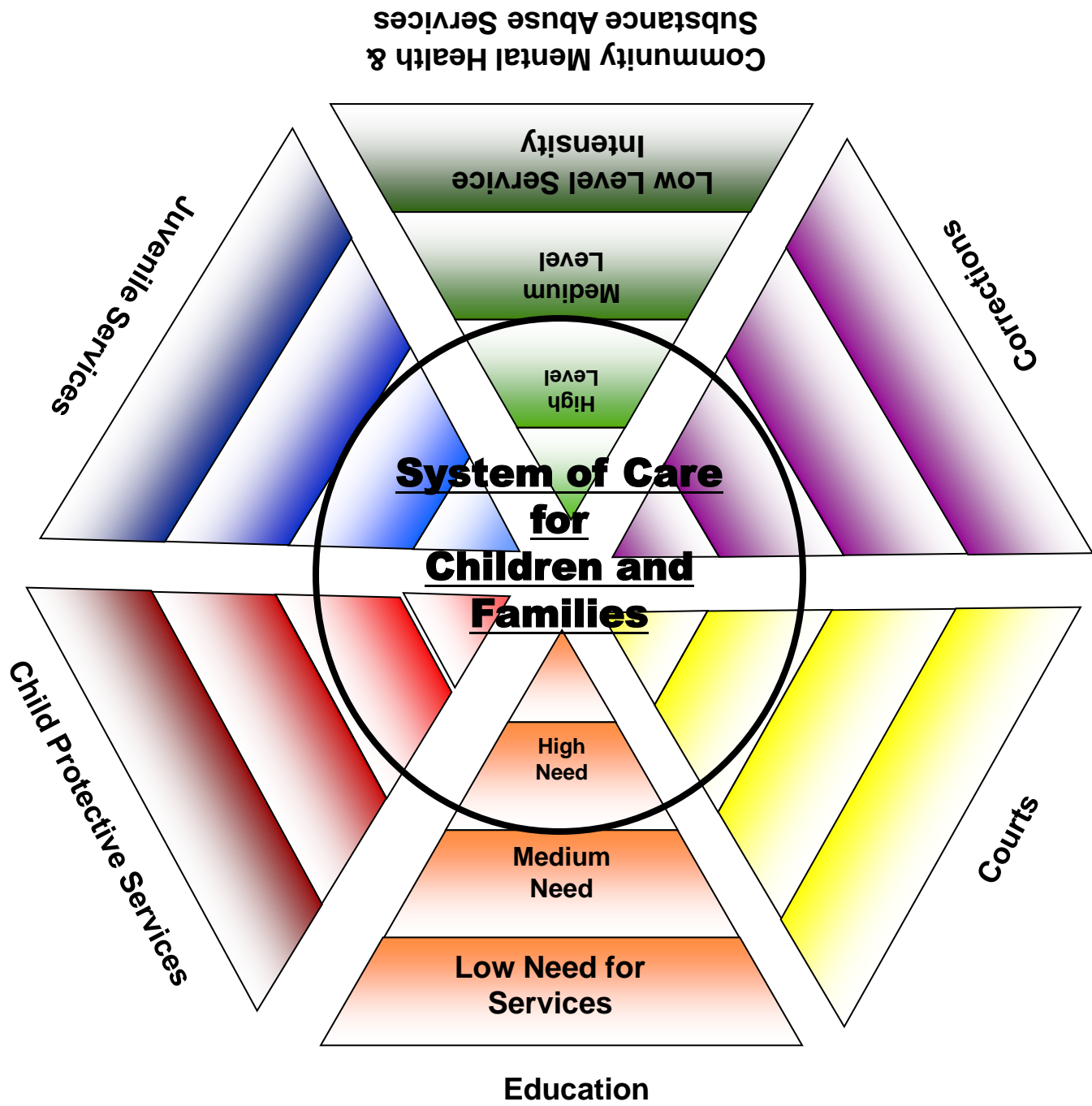
# What Does System of Care Look Like

## ▶ *From*


- ▶ Professional driven
- ▶ Focus on deficits
- ▶ Generic care plans
- ▶ Limited systemic communication
- ▶ Limited accountability
- ▶ Ignoring culture
- ▶ Treatment planning in silos
- ▶ Treatment failures
- ▶ Only professional interventions
- ▶ Out of community
- ▶ Silo funding

## *To*

- ^ Family and youth driven
- ^ Focus on family strengths
- ^ Individualized services & supports
- ^ System is integrated & collaborative
- ^ Outcomes monitored and used
- ^ Culture is as strength
- ^ Team based care planning
- ^ Flexible, no fail approach
- ^ Building interdependence through natural supports
- ^ Community based supports
- ^ Flexible funding




# What is Wraparound

- ▶ Wraparound is a facilitated team based practice model designed to integrate natural and professional supports, with the family in the driver's seat
  - ▶ A wraparound team is formed to help define and refine family strengths, culture, vision and needs; prioritize needs and create the plan; and then carry out the plan one prioritized need at a time until the formal team is no longer needed because the vision of the family has been achieved.
  - ▶ Is generally used for youth and families with more complex needs (involved in more than one system or in need of a higher level of care)
- 

# Principles for Wraparound

- ▶ Family Voice and Choice
- ▶ Team Based
- ▶ Natural Supports
- ▶ Collaboration (and Integration)
- ▶ Community Based
- ▶ Culturally Competent
- ▶ Individualized
- ▶ Strengths Based
- ▶ Persistence
- ▶ Outcome Based and Cost Responsible

# What or Who are Natural Supports

- ▶ Natural supports are community resources available for use by youth and families within which are consistent with their cultural beliefs and practices.
  - ▶ Natural supports may involve individuals outside the immediate family and a variety of informal supports found in the neighborhood or larger community.
  - ▶ Natural resources are external to the child and family and, once accessed through active affiliation, become part of the child's and family's strengths.
- 

# Phases and Activities of the Wraparound Process

## Engagement and Team Preparation

- ▶ Orient the family to Wraparound
- ▶ Stabilize crises
- ▶ Facilitate conversations about strengths, needs, culture, and vision of the family
- ▶ Engage other potential team members
- ▶ Make needed meeting arrangements

## Initial Plan Development

- ▶ Develop a plan of care
- ▶ Develop a detailed crisis/safety plan

## Implementation

- ▶ Implement the plan
- ▶ Revisit and update the plan
- ▶ Maintain team cohesiveness and trust
- ▶ Complete documentation and handle logistics

## Transition

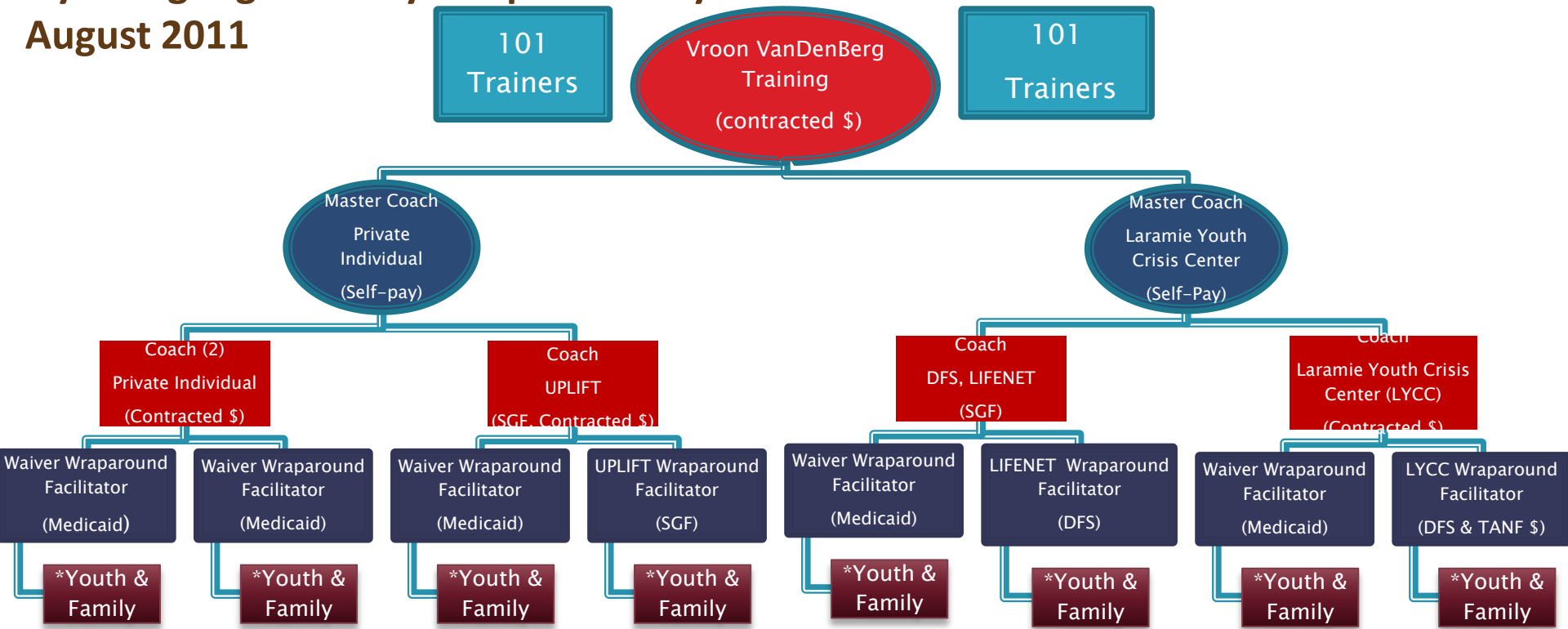
- ▶ Plan for cessation of wrap
- ▶ Conduct commencement ceremonies
- ▶ Follow-up with the family after graduation

# This Wyoming Effort...

- ▶ Why are you here? Over the next year or so, there will be training and coaching in key sites with a commitment to implementing High Fidelity wraparound in Wyoming.
- ▶ The next few slides are where Wyoming is now and the 2012 & 2013 slides are possibilities.

# Wyoming High Fidelity Wraparound System

## August 2011



### Youth and Families consist of waiver and non-waiver clients:

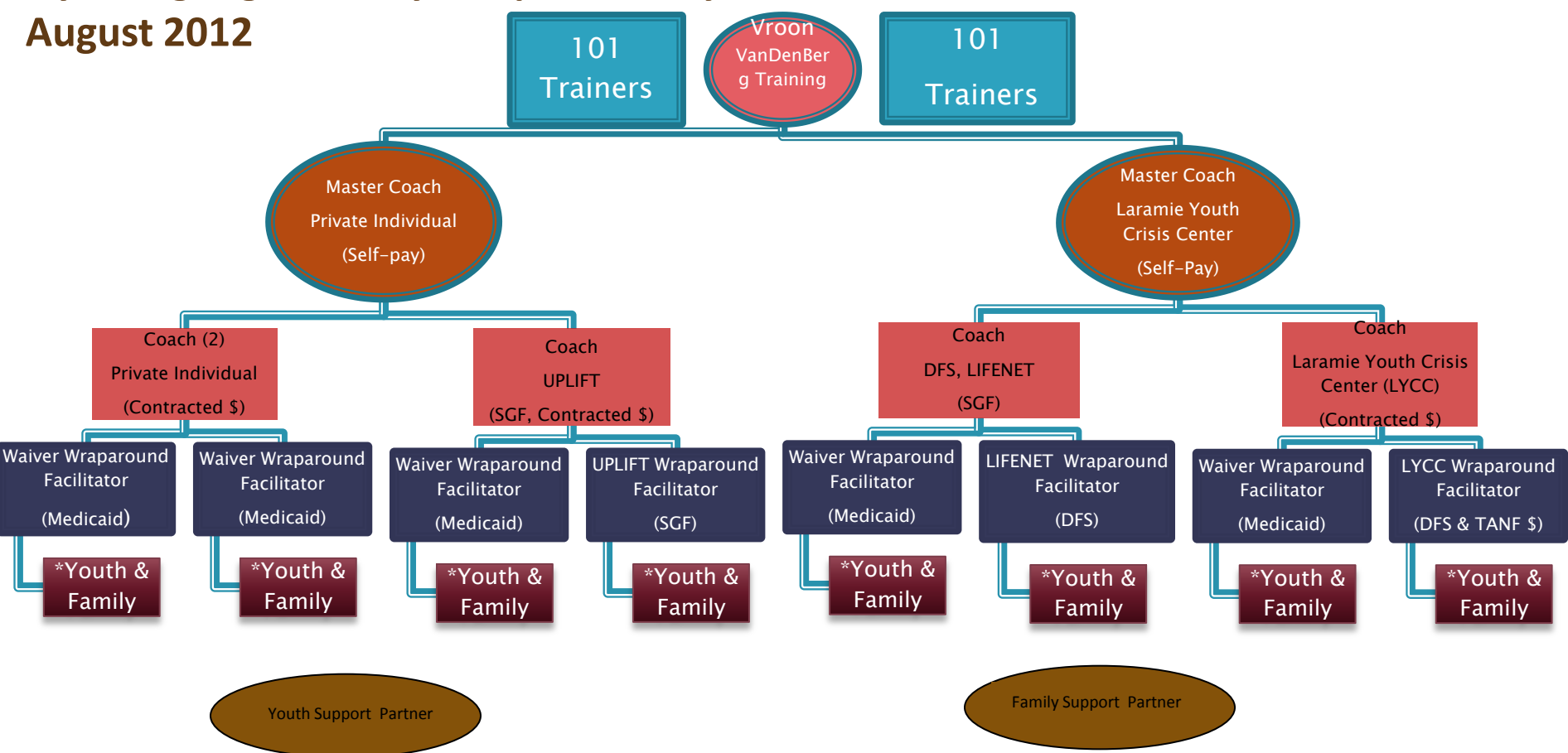
- Approximately 83 youth are receiving High Fidelity Wraparound Facilitation from a facilitator who is getting coached.
- Children's Mental Health Wavier is working with 70 (waiver) youth,
- UPLIFT is working with 10 (nonwaiver) youth,
- LYCC is working with 12 (nonwaiver) youth,
- LIFENET is working with 10 (nonwaiver) youth.
- Evaluate 10 families

#### Notes:

Non-waiver clients at UPLIFT and LYCC; LIFENET working with DFS clients

# Wyoming High Fidelity Wraparound System

## August 2012



### Youth and Families consist of waiver and non-waiver clients:

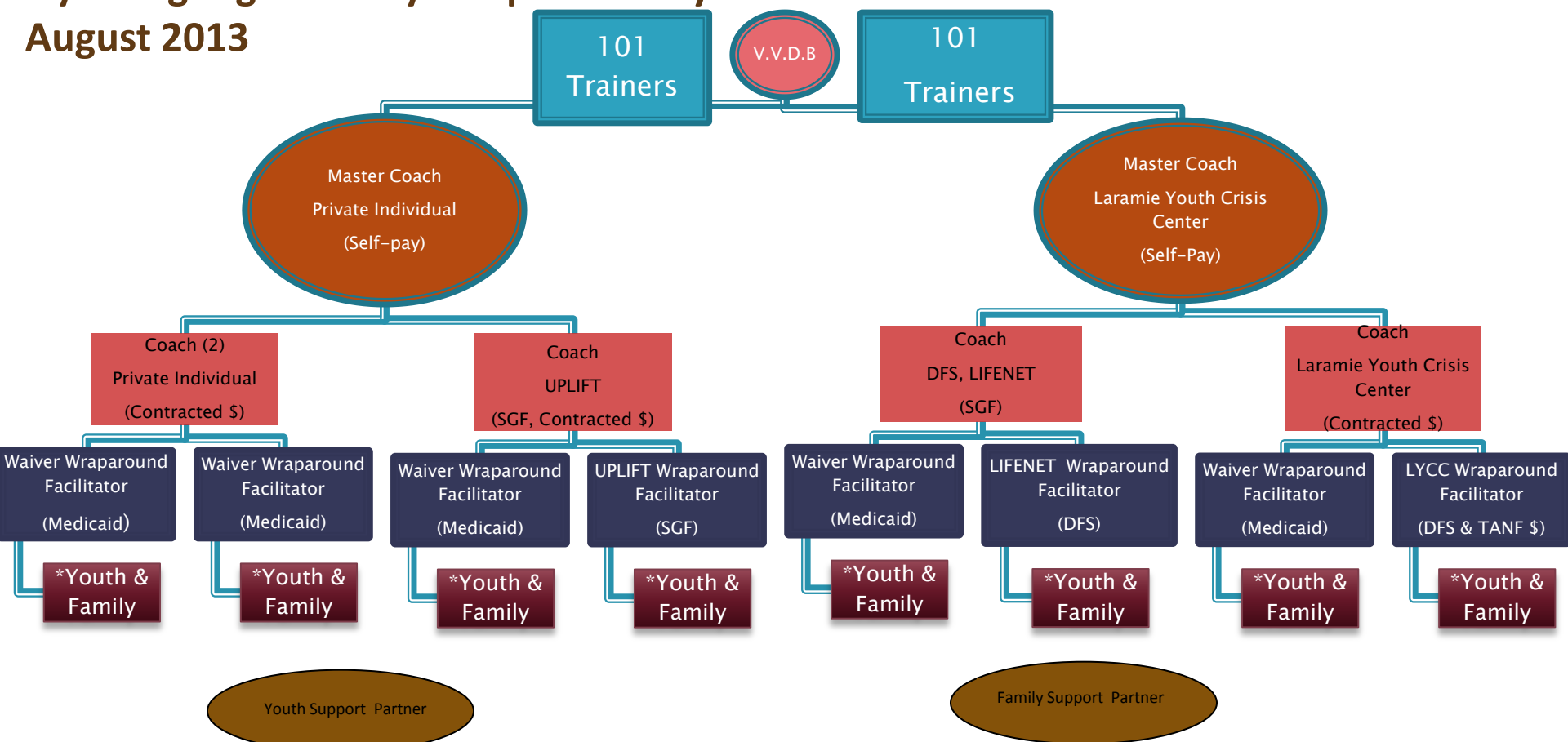
- Waiver is working with 135 youth;
- UPLIFT is working with 20 (nonwaiver) youth,
- LYCC is working with 20 (nonwaiver) youth,
- LIFENET is working with 20 (nonwaiver) youth.
- Evaluate 97 families

Notes:

Non-waiver clients at UPLIFT and LYCC; LIFENET working with DFS clients

# Wyoming High Fidelity Wraparound System

## August 2013



- Youth and Families consist of waiver and non-waiver clients:**
- All CMHW Wraparound Facilitators are credentialed in High Fidelity Wraparound.
  - UPLIFT providing Family and Youth Support Partner's .
  - LYCC is working with 30 (nonwaiver) youth,
  - LIFENET is working with 30 (nonwaiver) youth.
  - Evaluate 90% of all families in the High Fidelity Wraparound process

Notes: Non-waiver clients at UPLIFT and LYCC; LIFENET working with DFS clients

# Collaboration and Integration

## Definitions

**Collaboration:** Agencies are familiar with each other's missions and roles, key staff work with each other at the child/family level, but often retain single system decision making power and planning.

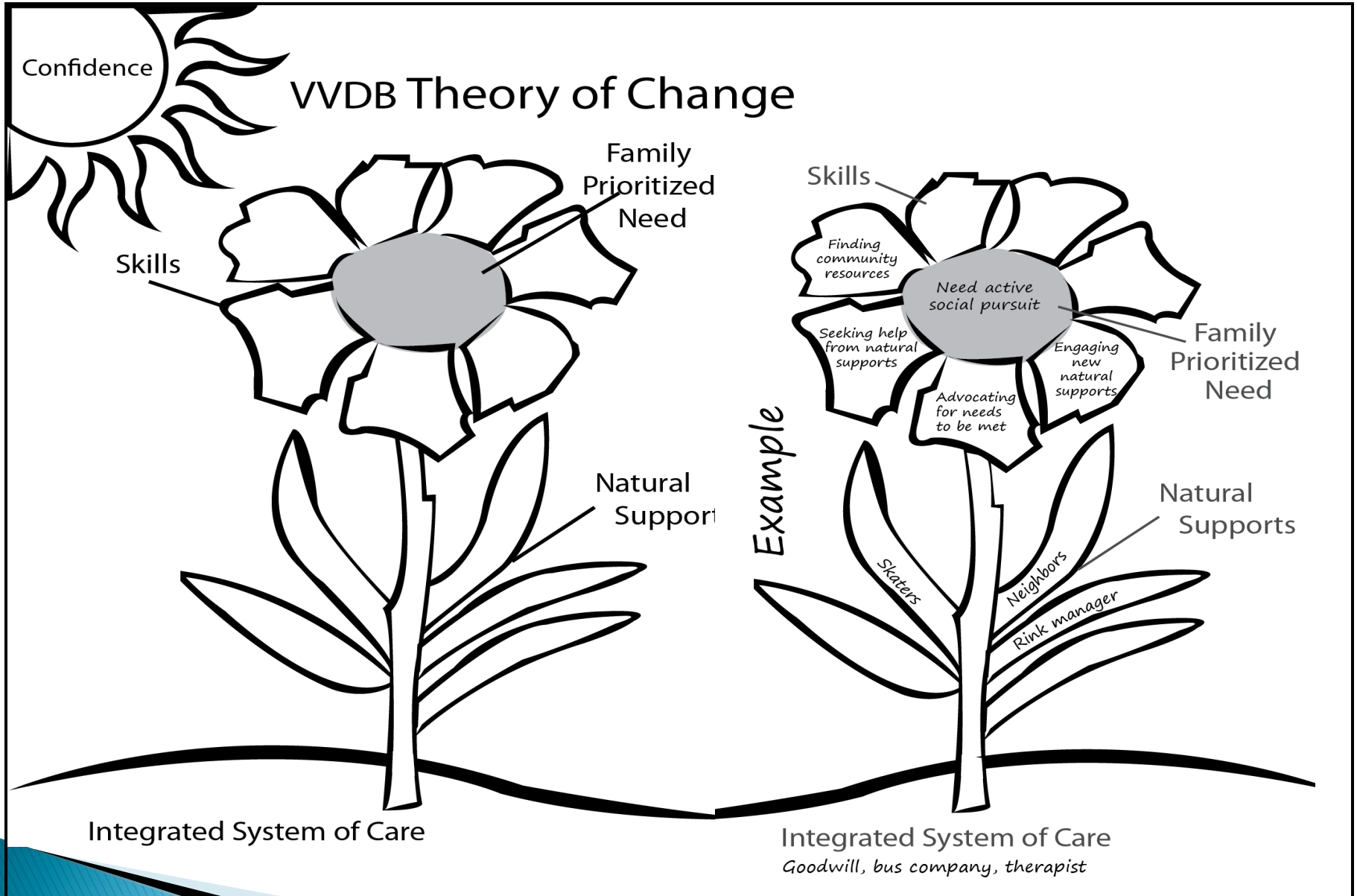
**Integration:** Agencies are familiar with each other's missions and roles, key staff work with each other at the child/family level, **sharing decision making in a team format that includes the family,** producing a single plan that meets all system mandates and that is owned by the entire team.

# Levels of Integration

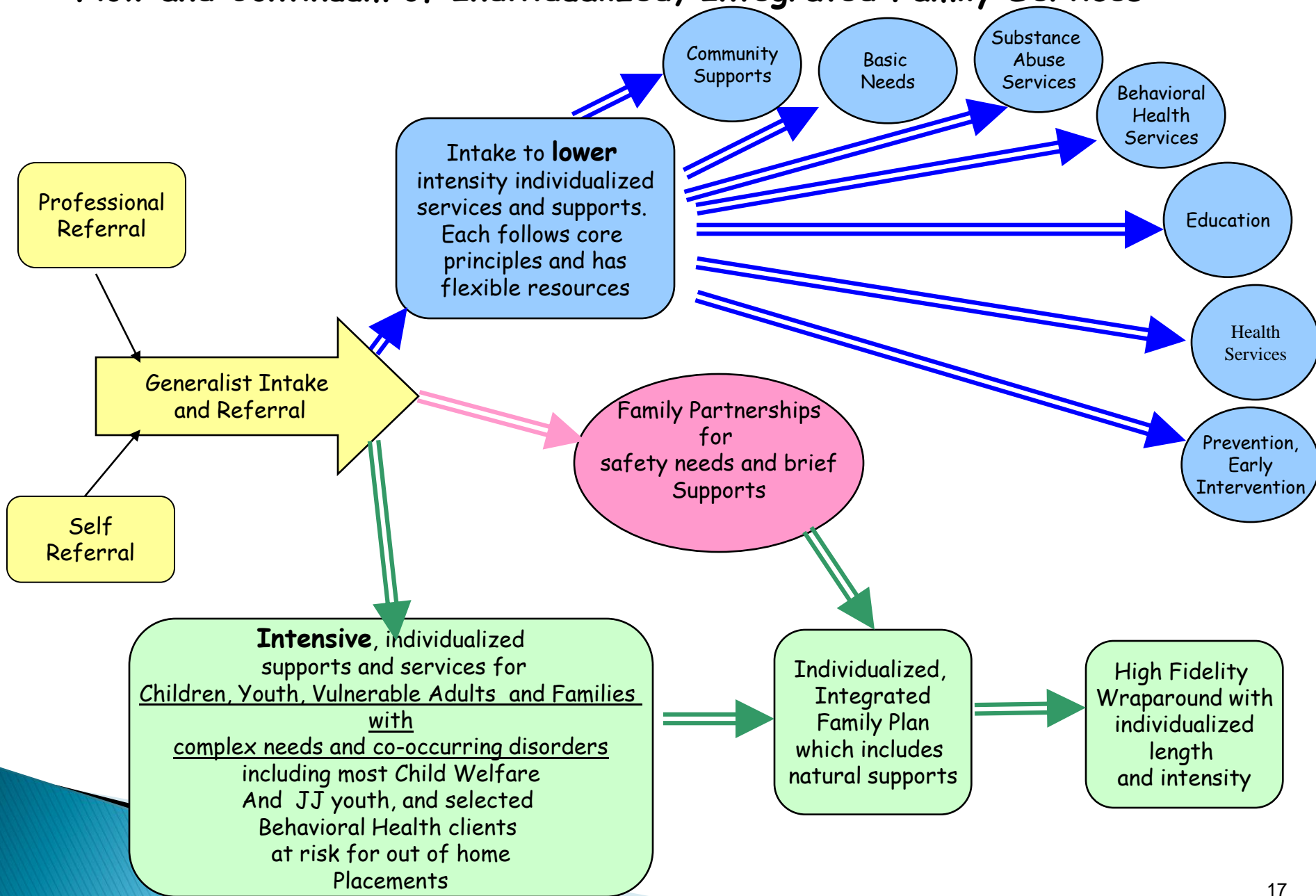
- **Macro**
  - Administrations from agencies work together on common goals
  - Agencies work on having same language for policy that effects each other
  - Braided Funding on projects with common goals
- **Micro**
  - Each family with complex needs have a Wraparound team
  - Team Leadership not dependent upon agency needs, but family needs
  - All agencies at the table for making plans for family

# The Theory of Change is

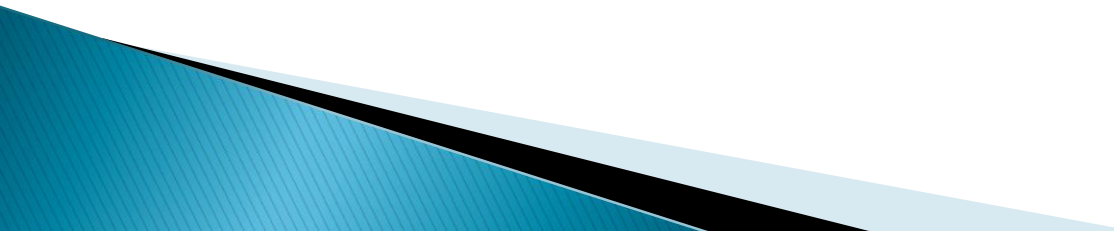
- ▶ Is why we do wraparound
- ▶ Is what it is about wraparound that makes it work
- ▶ Is what differentiates it from other service coordination processes
- ▶ Defines expectations for what we hope to accomplish through wraparound



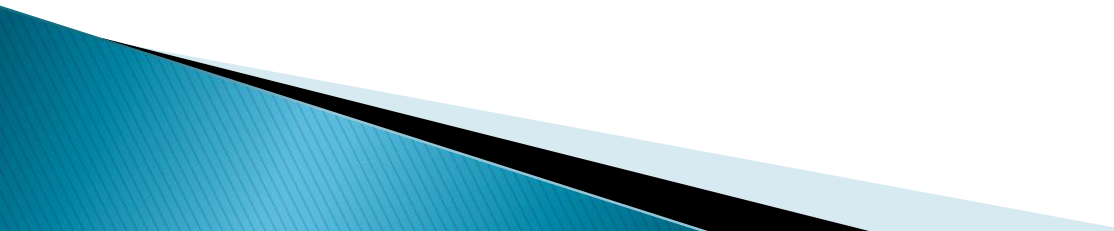
# Flow and Continuum of Individualized, Integrated Family Services



# High Fidelity—ensures quality access across the system over time.

- ◆ The 90+ skill sets for the facilitator define the steps to be taken to implement high fidelity wrap-around and assure consistency of practice.
  - ◆ This is accomplished by utilizing mandatory “coaching” to the 90+ skill sets.
  - ◆ Then integrating these skills across the state by credentialing facilitators and coaches.
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# How do we sustain good Wraparound

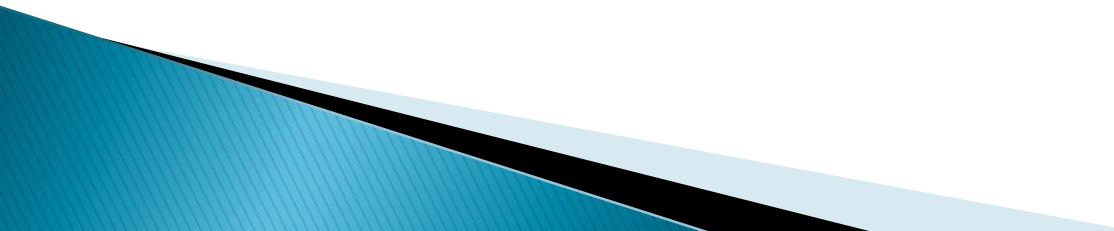
- ▶ Consistent training practices
  - ▶ Developing consistent skill sets
  - ▶ Coaching
  - ▶ Team of Train the Trainers
  - ▶ Integration vs. Collaboration
  - ▶ Long-term funding
    - Medicaid for Rehabilitation or case management
    - Re-invest dollars saved by reduction in placements
- 

# A Continuum of Intensity of Integration and Individualization

- ▶ **The old continuum of care:** Movement from service to service, gradually or rapidly moving up or down in restrictiveness of care. You fall your way up the continuum. In reality, you may quickly go between levels, such as going right from psychiatric hospital to home. Solutions are deficit based, designed to “fix” the problem.
- ▶ **The new continuum:** The more complex the needs of the child and/or family, the more intensive the individualization and degree of integration of the supports and services around the family. Child/youth/family needs drive the level of intensity of integration and individualization. Individualized options for meeting needs are based on the unique strengths and culture of the family, and on practice-based evidence.

*Note: While the primary point of the new continuum is “the more complex the needs, the more intensive integration and individualization”, it is important to point out that in the old continuum and in most current practice, the reverse is true. The youth in the psychiatric hospital often have the least amount of system integration and individualization.*

# Remember...

- ▶ Effective Wraparound is a process of integration for children and families who are involved in one or more system or need higher level of care.
  - ▶ It is specifically designed to lead to positive outcomes and is based on a theory of change
  - ▶ In general, the field has greatly underestimated the complexity of doing a good job with wraparound at the supervisor and staff levels.
- 

► Questions???